

# Some edible/useful (mostly) local species

References: Bush Heritage (Pat & Sim Simmons), Wild Food Plants / Wild Herbs (Tim Low), Wild Food / Wild Medicine (AB & JW Cribb)

COMMON NAME	SPECIES	Av. Ht	Wet feet	Form	Frost	Growth Rate	Best eating	Windbreak	Sun	Butterfly	Birds	Flowers	Edibility	Other uses
<b>Coastal / open forest species</b>														
Flat-Stemmed Wattle	Acacia complanata	2-4m		S	H	fast	x	wt	fs	b		x	Seeds eaten	Inner bark used for twine
Black Wattle	Acacia concurrens	4-6m		S	M	fast	x	wt	fs	b		x	Young roots & seeds eaten.	Bark infusion for coughs. Wood for spears, clubs, boomerangs & fibre source
Hickory Wattle	Acacia disparrima	>10		T	L	fast	x	wt	fs	b		x	Gum & seeds eaten	Wood used for boomerangs & clubs
Brisbane Golden Wattle	Acacia fimbriata	4-6m		S	M	fast	x	wt	fs	b	S	x	Gum & seeds eaten	Fibre source
Coastal Wattle	Acacia sophorae	2-4m		S	H	fast	x	wt	fs	b		x	Best quality edible seed. Mostly eaten roasted green in pods	
<b>Many other Acacia species were used as a food source, wood or fibre</b>														
Red Ground Berry	Acrotriche aggregata	1m		S		slow			fs/ps			F	Small red berries eaten	
Coastal She-oak	Allocasuarina littoralis	6-8m		S/T		<b>fruits not ed</b>			fs			N	Gum soaked in warm water to make jelly	Leaf infusion antifungal
Sea Celery	Apium prostratum	<1m		H					fs				Celery flavoured leaves can be eaten raw or cooked	
Midyim	Austromyrtus dulcis / glabra	1m		S	H	slow	x		fs/ps			F	Delicious sweet berries. Seeds were also eaten.	Excellent groundcover & edge plant.
Banksia	Banksia (integrifolia/aemula/oblongifolia/spinulosus/robur)								fs			N	Flowers steeped in water for nectar rich drink & fermented to make alcohol.	
Apple Berry	Billardiera scandens	1m		V		slow			ps			F	Mature fruit eaten raw	
Kurrajong	Brachychiton populneus	10m+		T	M				fs/ps	b		S	Seeds eaten (once hairs removed). Young tuberous roots eaten	Fibre source. Trunks can be 'tapped' for water.
Bribie Island Pine	Callitris columellaris	10m+		T		<b>not edible</b>						S	<b>not edible</b>	Leaves & twigs for colds & skin irritations. Resin for glue. Wood for spears. Roots for boomerangs.
Native Caper / Orange	Capparis canescens / mitchellii	2-4m		S	H	slow			fs/ps	b		F	Buds pickled as capers. Ripe fruits eaten	
Pigface	Carpobrotus glaucescens	<1m		H					fs			x	Fruits eaten raw & leaves roasted - pleasant salty taste	Crushed leaves used to treat bites, stings & burns (including sunburn)
Native Yam	Dioscorea transversa	V		V	N		x		ps				Edible tubers raw, steamed or roasted- sweet nutty flavour	
Winter Apple	Eremophila debilis	<1m		H		slow			fs/ps			F	Mature fruits eaten raw	
Eucalypts & Bloodwoods	Eucalyptus & Corymbia species (wide range)					<b>not edible</b>						N	Host to many food sources (eg. possum, koala, bees, lerps, grubs) . Bloodwood flowers used as a nectar source	Gum to treat diarrhoea & fill tooth cavities. Wood for spears & clubs. Some stringybarks used for canoes / shelters
Sword Grass	Gahnia aspera / clarkei / sieberiana	1-2m	x	G/SE					fs	b			Seed can be ground into flour. Leaf bases chewed	
Dogs Balls	Grewia latifolia	1m		S					fs/ps				Scant but sweet fruits eaten raw	Root infusion for diarrhoea. Pounded leaves applied to cuts
Samphire plants	Halosarcia indica / pergranulata	<1m	x	H			x		fs				Succulent stems - crisp & salty	
False Sarsparilla	Hardenbergia violacea	1m		V					fs/ps				Purple flowers eaten raw	
Cotton Tree	Hibiscus tiliaceus	6m		S/T		fast		wt	fs			x	Important fibre plant	Inner bark infusion used to wash wounds/bark used to wrap wounds
Nut Lily	Hypoxis species	<1m	x	H					fs				Tubers eaten raw	
Goats Foot	Ipomea pes-caprae	<1m		V					fs				Tuber / taproot eaten roasted after removing outer layers.	Leaves heated & applied to wounds, stings & bites or for muscular pain (heat pack)

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Dogwood	Jacksonia scoparia	2-3m		S	M			wt	fs/ps			x	Trunk cut at certain moon phase & subsequent gum exudation eaten	
Heath	Leucopogon species	1-3m		S		slow			fs/ps			x	Small fruit eaten	
Cabbage Palm	Livistona australis / decora	>10m	x	P					ps				Palm heart eaten. Palm killed in process	Leaves for shelters
Swamp Box	Lophostemon suaveolens	>10m	x	T	H	fast	<b>not edible</b>		b	N				Bark used for canoes & shelters
Paperbark	Melaleuca quinquinervia	>10m	x	T	H	fast		wt	fs		N	x	Nectar source. Bark used for huts, raincoat, bedding, tinder, cooking, (natures esky)	Leaves were chewed, crushed & sniffed for colds. Infusion antiseptic
Bottlebrushes	Melaleucas come in many sizes & forms												Nectar source	as above for many species
Blue tongue	Melastoma malabthricum (syn affine)	2m	x	S	N	fast			fs/ps	b	F	x	Fruit eaten raw - makes tongue go blue / purple	
Native Mint / Pennyroyal	Mentha diemenica / satureioides	<0.2m		H					fs/ps				Aromatic leaves can be used as herb	Possible medicinal applications
Mountain Muttonwood	Myrsine angusta	2m		S		slow			fs/ps		F		Small edible blue fruits on stems	
Screw Pine / Pandanus	Pandanus tectorius	4-6m		S/T		slow			fs/ps				Fruit roasted to extract edible seeds. Fruit eaten cooked in small quantities	Fibre for baskets
Flag Irises	Paterosnia fragilis / glabrata / sericea	<0.5m		H		slow			fs/ps			x	Rhizome eaten	
Geebung	Persoonia stradbokensis / virgata	2-3m		S					fs/ps		F		Edible fruits. Hard plant to source	
Shrubby Pine	Podocarpus spinulosus	2m		S			x		fs				Delicious edible fruits	
Pigweeds	Portulaca australis / oleracea	<0.2m		H		s			fs/ps				Young leaves eaten raw. Roots cooked & seeds ground & roasted into cakes	
Scaevola	Scaevola calendulacea	<1m		H					fs	b		x	Ripe black fruts eaten raw	
Warrigal Greens	Tetragonia tetragonoides	<1m		H			x		fs				Leaves edible when cooked (popular European vegetable).Annual.	
Fringed Lily	Thysanotus tuberosus	<0.5m		H		s			fs/ps			x	Tubers eaten raw or pounded & roasted	
Native Violet	Viola betonicifolia	<1	x	H	H				ps/sh	b		x	Edible flowers.	
Native Bluebells	Wahlenbergia species	<0.2m		H		s			fs/ps			x	Flowers eaten raw	
Grass Trees	Xanthorrhoea johnsonii / fulva / latifolia / macronema					slow			fs		N		Nectar source, seeds ground, leaf bases chewed	Flower spikes used in firemaking or fish spears. Resin used as glue (traded item)
Zieria minutiflora / smithii	Sandfly bushes	1-2m		S			<b>not edible</b>						<b>not edible</b>	Leaves rubbed on body to deter insects
<b>In the water</b>														
Club Rush	Bolboschoenus fluvialatis	1m	x	G/SE					fs				Corms eaten raw or pounded & roasted	Applied for burns & lesions (poultice)
Water Chestnut	Eleocharis dulcis	1m	x	G/SE			x		fs				Delicious edible tubers. Best in about 200mm of water.	
Water Lillies	Nymphaea species		x						fs/ps				Edible tubers, seeds, flowers & stalks	
Water Ribbons	Triglochin procera	1m	x						fs/ps				Tubers eaten raw or roasted	
Cumbungi	Typhus domingensis / orientalis	2m	x	G/SE					fs				Underground stems contain gluten for flour (roasted). Flower spikes eaten raw or cooked. New sho	
<b>Waters edge</b>														
King Fern	Angiopteris evecta	2-3m	x	F					ps				Fronds to 6m long are filled with edible starch	Very rare in SEQ - use cultivated sources
Swamp Waterfern	Blechnum indicum	<1	x	F	N	slow	x		ps/sh				Important food source for edible rhizome. Likes boggy soil.	
Rainforest Spinach	Elatostema reticulatum	<1m	x	H					ps/sh				Leaves eaten. Best when cooked.	
Creek Mat Rush/Mat Rush	Lomandra hystrix / longifolia	1m	x	G/S	H			wt	fs/ps	b			Edible leaf stalk bases. Good edge plant if well back	Used for dillies & bandages

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<b>Rainforest margins</b>														
Blackwood	Acacia melanoxylon	>10m	x	T	H	fast		wt	fs/ps	b	S	x	Gum eaten. Seeds eaten ground & roasted	Twigs & bark used as fish poison?
Soap Tree / Red Ash	Alphitonia excelsa	>10m		T	L	fast	<b>not edible</b>			b	S	x	Used for soap. Leaves rubbed in water to stun fish.	Leaf tips chewed for upset stomach. Linament of leaves / twigs for muscular pains. Gargled for toothache.
Cinnamon Myrtle	Backhousia myrtifolia	3-5m		S	L	slov	x	wt	fs/ps			x	Aromatic leaves . Wood used for axehandles. Suitable as an edge plant or windbreak.	
Little Kurrajong	Brachychiton bidwillii	3-6m		S		fast			fs/ps			x	Edible seeds (after hairs are removed)	
Coast Canthium	Cyclophyllum coprosmoides	5-10m		S/T		slow			fs/ps		F		Mature fruit eaten raw	
Flax Lilies	Dianella species	<1m		G/SE	s				fs/ps		F		<b>Caution:</b> Fruit eaten raw, but only in small quantities . Roots pounded & roasted	
Koda	Ehretia acuminata	>10		T	L	fast			fs/ps	b	F		Fruit eaten raw	
Little Bolwarra	Eupomatia bennettii	<1		S	N	slov	x		ps		F	x	Fruit eaten raw	
Copper Laurel	Eupomatia laurina	2-4m		S	N		x		ps		F	x	Fruit eaten raw	
Native Rosella	Hibiscus heterophyllus	3-6m		S	L	fast	x		fs/ps		N	x	Edible young shoots, roots, leaves & flowers. Leaves must be cooked - may stick in throat	Important fibre plant
Macaranga	Macaranga tanarius	5-8m		S/T		fast	<b>not edible</b>						<b>not edible</b>	Used for light spears (eg fish) & fibre
Muttonwood	Myrsine variabilis	3-5m		S	L	slow		wt	fs/ps		F		Edible fruit borne on stems	
Hairy Panic Grass	Panicum effusum	1m		G/SE					ps		S		Seeds ground into flour	
Native Mulberry	Pipturis argenteus	3-4m		S		fast			fs	b	F		Sweet fruits on female plants eaten raw (quality varies)	
Smooth Psychotria	Psychotria daphnoides	1-2m		S	N	slow			ps		F		Edible fruit. Attractive foliage	
Hairy Psychotria	Psychotria loniceroides	1-2m		S	N	slow			ps		F		Edible fruit. Attractive foliage	
Native Raspberries	Rubus rosifolius/moluccanus/moorei/parviflorus/probus						x	wt	fs/ps		F/H		Delicious edible fruits	
Native Stinging Nettle	Urtica incisa	1m		H		<b>Stings</b>			ps				<b>Caution - stings.</b> Used for tea present day	Used to treat rheumatism
Ivy Leaf Violet	Viola hederacea / banksii	<1		H	M				ps/sh			x	Edible flowers. Excellent spreading groundcover	
<b>Rainforest species</b>														
<b>Bushy edge plants under 2m</b>														
Ginger	Alpinia arundelliana	1m		H	N	slov	x		ps/sh		F		Edible rhizomes, stems, leaves & fruit. Leaves tenderise meat	
Native Ginger	Alpinia caerulea	2m		H	N	reco	x		ps/sh		F		Edible rhizomes, stems, leaves & fruit. Leaves tenderise meat	
Cunjevoi	Alocasia brisbanensis	1.2m	x	H	N	reco	<b>Toxi</b>		ps		F		<b>Toxic:</b> Root tubers were leached of toxins for weeks before use	Leaves / stems heated, crushed & applied to sores & stings
Creek Mat Rush	Lomandra hystrix / longifolia	1.2m	x	G/S	H			wt	fs/ps	b			Edible leaf stalk bases. Good edge plant if well back	Leaves used for dillies & bandages
Orange Boxthorn	Pittosporum multiflorum	2m		S	H	slow		wt	fs/ps	b	F/H		Ripe fruit eaten raw	
Smooth / Hairy Psychotria	Psychotria daphnoides / loniceroides	1-2m		S	N	slow			ps		F		Very ripe fruit eaten raw	
Native Elderberry	Sambucus australasica	1.2m		S					fs/ps				Fruit eaten raw. Could be used as for exotic Elderberry	

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<b>Bushy Shrubs</b>														
Rose Myrtle	Archirhodomyrtus beckleri	2-4m		S	M			wt	fs/ps	F	x		Sweet orange fruit eaten raw	
Native Caper/Pomegranate	Capparis arborea / velutina	3-5m		S		slow			fs/ps	b	F		Flower buds can be pickled as Capers. Ripe fruit eaten	
Native Current	Carrissa ovata	2-4m		S/V		slow		wt	ps		F		Sweet black fruit eaten raw	
Finger Lime	Citrus australasica (NSW / Qld border)	2-4m		S/T	M	slow	x	wt	fs/ps	b	H		Prickly - not too close to paths. Edible fruits	
Native Lime	Citrus australis	3-6m		S/T	M	slow	x	wt	fs/ps	b	H		Prickly - not too close to paths. Edible fruits	
Gympie Gympie	Dendrocnide moroides	2-3m		S		<b>Stings</b>			fs/ps	b	F		<b>Caution stings!</b> Fruits eaten - may have stinging hairs	Outer bark used for fibre. Leaves applied for rheumatism
Beach Cherry	Eugenia reinwardtiana (Bundy north)	2-3m		S	M	slow	x	wt	fs/ps		F		Sweet edible fruit (best raw)	
Scrub Ironwood / Python Tree / Fragrant, Scaly & Thready-bark Myrtle	Gossia acmenoides / bidwillii / fragratissima / hillii / inophloia	3-6m		S		slow		wt	fs/ps		F		Attractive bushy foliage. Suitable as an edge plant or windbreak. Edible fruits.	
Narrow-leaf Lilly Pilly	Syzygium smithii small leaf variety)	3-5m		S	M	slow		wt	fs/ps		F	x	Fruit eaten	
Lilly Pilly cultivars	Many smallish varieties available	2-5m		S	M	slow		wt	fs/ps		F		Fruit eaten	
<b>Small trees</b>														
Beach Acronychia	Acronychia imperforata / pubescens	4-6m		S/T					fs/ps		F		Fruits eaten fresh. Good in preserves - aromatic	
White Lilly Pilly	Acronychia oblongifolia / wilcoxiana	6-10m		S/T	L		x		fs/ps		F		Fruits eaten fresh. Good in preserves - aromatic	
Beach Bird's Eye	Alectryon coriaceus	4-6m		S					fs/ps	b	F		Fruits eaten fresh - somewhat astringent	
Wild Quince / Bird's eyes	Alectryon connatus / reticulatis / subcinereus / tomentosus	6-10m		S/T	N				fs/ps	b	F		Fruits eaten fresh - somewhat astringent	
Native Elm	Aphananthe philippinensis	6-10m+		T	M	slow							Small fruits sweet & tasty when soft - yellow/brown	No records found on edibility
Lemon Scented Myrtle	Backhousia citriodora	3-6m		S/T	L	slow	x	wt	fs/ps			x	Leaves are aromatic with a variety of culinary uses	Oil - medicinal / insect repellent uses
Native Wampi	Clausena brevistyla / smyrelliana	3-6m		S/T	L	slow			fs/ps	b	F		Small fruits eaten - citrus-like	
Silky Myrtle	Decaspermum humile	5-8m		S/T	L			wt	fs/ps		F	x	Very ripe black fruits eaten	No records found on edibility
Native Ebonies	Diospyros australis, ellipticifolius, geminata, pentamera					slow		wt	fs/ps		F		Mature fruits eaten raw. Best ripened after picking to reduce astringency	
Yellow Tulip	Drypetes deplanchei	5-10m+		T	L	slow		wt	fs/ps	b	F		Ripe fruit eaten raw	
Blueberry Ash	Elaeocarpus reticulatis	3-6m		S/T				wt	fs/ps		F		Scant ripe flesh eaten from around hard seed	
Creek Sandpaper Fig	Ficus coronata	6m	o	S/T	L	fast	x	wt	fs/ps	b	F		Edible fruits - best squeezed from skin or in preserves.	Leaves used as sandpaper. Fibre source for twine & nets
Native Quince	Guioa semiglauca	8-12m		T	L			wt	fs/ps		F		Very small, sour fruits eaten raw when capsules split.	
Black Apple / Coondoo	Pouteria australis / eerwah / chartacea	8-12m		T					fs/ps		F		Fruit eaten raw after ripening underground for a few days	
Native Guava	Rhodomyrtus psidioides	6-8m		S/T			x	wt	fs/ps		F		Fruit eaten raw when soft	
Peanut Tree	Sterculia quadrifida	6-10m		T	L	fast	x		fs/ps				Nuts eaten - best dried or roasted before shelling	Bark for fibre. Leaves heated & applied to stop bleeding
Whalebone Tree	Streblus brunonianus	6-10m		T			x	wt	fs/ps	b	F		Small sweet fruits edible when yellow & soft	No records found on edibility
Brush Cherry / Narrow-leaf	Syzygium australe / smithii	5-10m		S/T	H	slow	x	wt	fs/ps		F	x	Fruit edible fresh or in preserves. Cuttings will usually only grow 3-5m and seedlings to 10m.	
<b>Small trees - upright and not spreading</b>														
Davidson Plum	Davidsonia pruriens / jerseyana / johnsonii			S/T	L	med	x		fs/ps				Sour edible fruit with many culinary uses. And commercial applications	
Red Bopple Nut	Hicksbeachia pinnatifolia	6-10m		S/T		slow	x		fs/ps		N?		Edible nuts. Attractive foliage.	

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<b>Larger trees</b>														
Candle Nut	Aleurites molucanna (NQ)	>10m		T			x		fs/ps				Nuts best eaten roasted. High oil content used as candle when skewered	
Bunya Pine	Araucaria bidwillii	>10m		T	H		x	wt	fs/ps		H		Edible nuts, best roasted. Snip ends to avoid explosion	Important cultural values.
Atherton Almond	Athertonia diversifolia (NQ)	>10m		T	M		x		fs/ps			x	Blue shelled nuts - taste like Almonds	
Flame Tree / Lacebark	Brachychiton acerifolius /discolor	>10m		T		fast			fs/ps	b			Edible seeds (once hairs are removed). Water source when trunk tapped. Fibre source	
Black Bean	Castanospermum australe	>10m		T			<b>Toxic</b>		fs/ps		N?	x	<b>Toxic - needed much treatment before eaten.</b> Flour used in cakes	
Stinging Trees	Dendrocnide excelsa / photinophylla	>10m		S			<b>Stings</b>		fs/ps	b	F		<b>Caution stings!</b> Fruits eaten - may have stinging hairs	Outer bark used for fibre. Leaves applied for rheumatism
Native Tamarind	Diploglottis cunninghamii	>10m		T	N	slov	x		fs/ps		F		Mature sour fruit eaten raw. Great for jams / sauces	
Small Leaved Tamarind	Diploglottis campbellii (N NSW)	>10m		T	N	slov	x		fs/ps		F		Mature sour fruit eaten raw. Great for jams / sauces	
Blue Quandong	Elaeocarpus grandis	>10m	o	T	N	fast			fs/ps		F	x	Large upright tree with buttresses. Edible fruit, best prepared/cooked	
Hard Quandong	Elaeocarpus obovatus	>10m		T	M			wt	fs/ps		F		Scant ripe flesh eaten from around hard seed	
Bat's Wing Coral Tree	Erythrina vespertillio	8-10m		T	M		<b>Seeds toxic</b>				N	x	<b>Seeds toxic.</b> Young roots eaten raw	
Fig trees	Ficus species	>10m		T					fs/ps	b	F		All figs edible - quality varies	
Silky Oak / Yeil Yeil	Grevillea robusta / hillii	>10m		T	M				fs/ps		N	x	Rich source of nectar	
Macadamia, Bush Nut	Macadamia integrifolia/tetraphylla	8-12m		T	M		x		fs	b	N	x	Grafted tree will be smaller and fruit much quicker.	
Corduroy Tamarind	Mischarytera lautereriana (Arytera)	>10m		T	N		x		fs/ps		F		Sour fruits eaten fresh. Great for jams & sauces	
Brown Pine	Podocarpus elatus	>10m		T	M	slov	x	wt	fs/ps	b	F		Edible fruit. bushy, hardy tree. (Fruit on female trees only).	
Native Crabapple	Schizomeria ovata	>10m		T					fs/ps		F		Sourish ripe fruits eaten	
Firewheel Tree	Stenocarpus sinuatus	>10m		T	L	s			fs/ps		N	x	Nectar source	
Aniseed Tree	Syzygium anisata (N NSW)	>10m		T	L	slov	x	wt	fs/ps			x	Aromatic, Aniseed flavoured leaves.	
Sour Cherry	Syzygium corynanthum	>10m		T	L		x	wt	fs/ps		F	x	Fruit eaten fresh. Great in preserves.	
Red Apple	Syzygium ingens			T	L			wt	fs/ps		F		Fruit eaten fresh. Great in preserves.	
Cherry Satinash	Syzygium luehmannii	>10m		T	L		x	wt	fs/ps		F	x	Edible fruit. Bushy, attractive foliage.	
Blue Lilly Pilly	Syzygium oleosum	6-12m		T	N			wt	fs/ps		F	x	Aromatic edible fruits	
<b>Plants requiring some shade</b>														
Ginger	Alpinia arundelliana	1m		H	N-	slov	x		ps/sh		F		Edible rhizomes, stems, leaves & fruit. Leaves tenderise meat	
Native Ginger	Alpinia caerulea	2m		H	N-reco		x		ps/sh		F		Edible rhizomes, stems, leaves & fruit. Leaves tenderise meat	
Picabeen Palm	Archontophoenix cunninghamiana	10m+	x	P					ps/sh		F		<b>Fruit not edible.</b> Palm heart eaten, killing tree	Leaf sheath used as water vessel for infusions / drinks. Leaves for shelters
Native Caper/Pomegranate	Capparis arborea / velutina	2-4m		S	N	slow			ps/sh	b	F	x	Edible buds (capers) and fruits. Prickly. Very slow grower	
Native Wandering Jew	Commelina diffusa	<0.2m		G					ps/sh				Young shoots eaten to cure scurvy	
Broad-leaf Palm Lily	Cordylina petiolaris	2-4m		P		slow			ps/sh		F		Reputedly eaten	
Tree Ferns	Cyathea australis / cooperi	5-10m	x	F					ps/sh				<b>Caution:</b> Fern heart eaten after leaching tannins. Fern killed on harvest	Identity symbol of Blackhall range clans
Walking Stick Palm	Linospadix monostachys	3-4m		P	N	slow			sh		F		Edible fruits	
Brush Pepperbush	Tasmania insipida	2-4m		S	H	slow			ps/sh				Seeds used as pepper	
Native Violet	Viola betonicifolia hederacea / banksii	<1		H	H				ps/sh	b		x	Edible flowers.	

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<b>Vines</b>														
Lawyer Cane	Calamus muelleri	V		V	N	slow			ps		H		Scant edible fruits. Barbs used as fish hooks	Young shoots chewed & swallowed for dysentery. Canes/leaves for baskets & shelter
Climbing Caper	Capparis sarmentosa	V		V		slow	x		ps				Excellent fruit, but rare fruiting. Edible Capers when pickled	
Dodder Laurels	Cassytha species	V		V		slow			fs/ps	b	F		Small fruits eaten raw	Source of fibre
Native Grape / Water Vine	Cissus antarctica / hypoglauca / stercu	V		V	N				fs/ps				Larger vines yield fresh water when cut. Fruit eaten raw	
Headache Vine	Clematis glycinoides	V		V					fs/ps				<b>Not edible</b>	Crushed leaves sniffed for headache cure
Native Yam	Dioscorea transversa	V		V	N		x		ps				Delicious edible tubers - raw, steamed or roasted	
Millaa Millaa Vine	Elaegnis triflora	V		V			x		fs/ps	b	F		Sweet fruits eaten raw when very ripe	
Supple Jack	Flagellaria indica	V		V					fs/ps		F		Fruit eaten	Important for tree climbing. Fibre source for twine, fish traps & nets. Sap applied to sore eyes
Climbing Pandanus	Freycinetia excelsa / scandens	V		V		slow			ps/sh		F		Fruit eaten - sweet musk flavour, but gritty	
Scrambling Lily	Geitonoplesium cymosum	V		V		slow	x		ps		F		Young delicate shoots eaten - taste like peas	
Cockspur Thorn	Maclura cochinchinensis	V		V			x		fs/ps	b?	F		Sweet fruits taste of apricot - watch out for grubs!	Thorns used for removing splinters
Bellbird Vines	Melodinus acutiflorus / australis	V		V					fs/ps		F		Mature red fruit eaten - watch out for sticky latex! Flowers smell strongly of caramel	
Zig Zag Vine	Melodorum leichhardtii	V		V		slow	x		fs/ps	b			Sour fruit eaten. Can be grown as a shrub with some pruning. Flowers smell of banana	
Native Passionfruit	Passiflora herbertiana	V		V					fs/ps	b	F		Sweet ripe pulp eaten raw (quality varies)	
Giant Pepper Vine	Piper novae-hollandiae	V		V	N				ps		F	x	Native pepper vine. Real peppercorns dried as a spice. Sweet red fruit around seed eaten raw	
Candle Stick Vine	Pothos longipes	V		V		slow			ps/sh		F		Red ripe fruits eaten raw	
Barb Wire / Native Sarspar	Smilax australis / glycinoides	V		V					fs/ps	b	F		Black fruits eaten raw	
Shining Grape	Tetrastigma nitens	V		V			x		fs/ps		F		Mature black fruits eaten raw (best native grape)	
Burny Vine	Trophis scandens	V		V					fs/ps		F		Red ripe fruits eaten raw	Fibre source for twine, dillies, nets, etc
<b>All Mistletoes have sweet edible fruits when well ripened many species occur in area)</b>														Stems used for fibre
<b>Orchids (many species occur here, including ground Orchids) have edible bulbs or pseudobulbs. They contain starches eaten raw or pounded into flour</b>														
														Starchy bulbs eaten to treat diarrhoea